

ALLIED PROGRAMS AND SERVICES

Community Disaster Response Crisis Counseling

Ocean County Department of Human Services 732-506-5374
Monmouth Medical Center Southern Campus 732-886-4474
NJ Disaster Mental Health Helpline 877-294-HELP

Substance Abuse Hotlines

MHA NJ Connect For Recovery 855-652-3737
NJ Addiction Services Hotline—Rutgers UBHC 844-276-2777
Hope Sheds Light 800-486-7620
Reach NJ reachnj.gov/ 844-REACH-NJ

Substance Abuse Services

Iron Recovery and Wellness Center 732-244-1600
Ocean County Health Department 732-341-9700
Preferred Behavioral Health Group 732-367-4700
Barnabas Behavioral Health 800-300-0628
St. Francis Counseling Services 609-494-1554
Bright Harbor Healthcare 732-575-1111
Integrity House—Toms River 973-623-0600

Benefit and Entitlement Programs

Social Security Administration (www.ssa.gov) 800-772-1213
Medicare and Medicaid (www.cms.gov) 800-633-4227
NJ Family Care *apply online* www.njfamilycare.org 800-701-0710
US Department of Veteran's Affairs (www.va.gov) 800-827-1000
County Welfare Agency 732-349-1500
NJ Helps *self screen for 28+ social services* www.NJHelps.org
Temporary Disability: for information and to submit a claim visit
<http://lwd.dol.state.nj.us/labor/tcdi/tcdiindex.html>

Health Care Services, Information & Education

CHEMED Health Center 732-364-6666
www.chemedhealth.org 1771 Madison Ave., Lakewood
Ocean Health Initiatives, Inc. 732-363-6655
www.ohinj.org Toms River | Stafford | Lakewood
Ocean County Health Department 732-341-9700
www.ochd.org 175 Sunset Ave., Toms River
*see Ocean County Health Department Resource Directory for more info

Emergency Housing/Homeless Services

County Welfare Agency/ OC Board of Social Svcs 732-349-1500
After hours/Weekends Call 2-1-1
Hope Center 732-341-4447
NJ Housing Resource Center www.njhrc.org 877-428-8844
Village Resources 732-341-2272

ADDITIONAL MENTAL HEALTH PROGRAMS

(most programs require referral and certain eligibility)

Partial Care Programs

Community Resource Center 732-255-9102
Bright Harbor Healthcare 732-575-1111
Preferred Behavioral Health of NJ 732-367-8859
CVR 732-544-1800
Barnabas Behavioral Health 800-300-0628
The Center 732-961-9666
New Future Dreams 732-886-7128
Taylor Care 609-879-2233

Residential Services

NJ Supportive Housing Connection 800-654-6873
Bright Harbor Healthcare 732-349-1977
Preferred Behavioral Health Group 732-367-2665
Triple C Housing 732-297-5840
Resources for Human Development 732-920-5000

Programs of Assertive Community Treatment (PACT)

Bright Harbor Healthcare - Northern & Southern Teams
732-349-1977 x719

Integrated Case Management Services (ICMS)

Preferred Behavioral Health Group 732-323-3664

Supported Employment Training

CVR 732-544-1800
Preferred Behavioral Health Group 732-367-5439
Community Resource Center 732-255-9102
Pathways to Success 848-480-0913

Supported Education Program

Preferred Behavioral Health Group 732-367-5439

Intensive Family Support Services (IFSS)

Bright Harbor Healthcare 732-575-1111

Geriatric Services

PBH Senior Guidance 732-785-1900
Barnabas Behavioral Health 800-300-0628
Ocean County Senior Services 732-929-2091

Justice Involved Services

Preferred Behavioral Health Group 732-323-3664
Bright Harbor Healthcare 732-281-1658 Option 3
Bright Harbor Healthcare.—IOC 732-575-1111
PESS 732-886-4408
NJ Reentry Corp 848-238-7000



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DEPARTMENT OF HUMAN SERVICES
MENTAL HEALTH UNIT
1027 HOOPER AVENUE
BUILDING 2, 3RD FLOOR
PO BOX 2191
TOMS RIVER, NJ 08754
732-506-5374 | 800-544-7184
[HTTP://WWW.OCEANDHS.ORG](http://WWW.OCEANDHS.ORG)

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JANUARY 2022

THIS DIRECTORY AIMS TO PROVIDE INFORMATION REGARDING COMMUNITY RESOURCES. RESOURCES LISTED ARE NOT EVALUATED NOR DO THE PROVISIONS OF INFORMATION ABOUT A RESOURCE CONSTITUTE ENDORSEMENT. OMISSION OF A RESOURCE DOES NOT SIGNIFY DISAPPROVAL.

Ocean County Mental Health Resource Directory

2022 Edition



Crisis Services

Psychiatric Emergency Screening Services 732-886-4474
www.nwjbh.org 600 River Ave., Lakewood

Community Medical Center Crisis Center 732-557-8000
www.nwjbh.org 99 Route 37 West, Toms River

Ocean Medical Center Crisis Center 732-836-4664
www.oceanmedicalcenter.com 425 Jack Martin Blvd., Brick

Southern Ocean Medical Crisis Center 609-978-8972
www.southernoceanmedicalcenter.com 1140 Rt. 72 West, Manahawkin

St. Francis Counseling - Sexual Assault Hotline
www.stfranciscenterlbi.org/counseling/ 609-494-1090

Rutgers –UBHC Coordinated Specialty Care 732-235-2868
www.ubhc.rutgers.edu/dsr/fep/index.html

Early Intervention Support Services

CREST 732-240-3760
www.brightharbor.org Toms River | Manahawkin

Crosswinds– Peer Operated Respite Services 848-221-3022
2224 Whitesville Rd., Toms River

Inpatient Services

Barnabas Behavioral Health Center 1-800-300-0628
www.nwjbh.org 1691 Route 9, Toms River

Jersey Shore University Medical Center 732-776-4369
www.jerseyshoreuniversitymedicalcenter.com 1945 Rt. 33, Neptune

Carrier Clinic 800-933-3579
www.carrierclinic.org P.O. Box 147, Belle Mead

Hampton Behavioral Health 800-603-6767
www.hamptonhospital.com 650 Rancocas Rd., Westampton Twp.

Princeton House Behavioral Health 800-242-2550
www.princetonhcs.org 905 Herrontown Rd., Princeton

Northbrook Behavioral Health 856-374-6500
www.northbrookbhh.com 425 Woodbury-Turnersville Rd. Blackwood

Mental Health Hotlines

New Jersey Suicide Prevention Hopeline 855-654-6735

National Suicide Prevention Lifeline 800-273-TALK

NJ Mental Health Cares njmentalhealthcares.org 866-202-HELP

2nd Floor Youth Helpline www.2ndfloor.org 888-222-2228

Postpartum Depression Hotline 800-328-3838

MHA NJ Peer Recovery Warm Line 877-292-5588

Cop2Cop 866-COP-2-COP

NJ Vet 2 Vet 866-838-7654

Children's Behavioral Health Services

NJ youth needing publicly funded services are referred through

PerformCare, the Contracted Systems Administrator

PerformCare www.performcarenj.org 877-652-7624

Ocean Partnership For Children 732-202-1585
www.oceanpartnership.org | www.oceanresourcenet.org
36 Washington St., Toms River

Bright Harbor Healthcare 732-575-1111
www.brightharbor.org 732-349-3535
Bayville | Brick | Manahawkin | Toms River

Preferred Behavioral Health Group 732-785-1900
www.preferredbehavioral.org
Mobile Response 877-652-7624

St. Francis Counseling Service 609-494-1554
www.stfranciscenterlbi.org/ 4700 Long Beach Blvd., Brant Beach

Lakewood Community Services Corp. 732-901-6001
www.lakewoodcs.com Lakewood

Ocean Co Family Support Organization (FSO) 732-569-6334
www.oceanfso.org 36 Washington St. Suite 201, Toms River

Catholic Charities Family Growth Program 800-360-7711

YMCA of Greater Monmouth 732-290-9040
www.cymca.org/locations/counseling-social-services/
Little Egg Harbor & Manahawkin

Youth Advocate Programs 732-503-3644

Outpatient Counseling & Psychiatry Services

Ocean Insight Center 732-930-1020
1749 Hooper Ave Ste. 202, Toms River

Bright Harbor Healthcare 732-575-1111
www.brightharbor.org 877-621-0445
Bayville | Brick | Manahawkin | Toms River

Preferred Behavioral Health Group 732-367-4700
www.preferredbehavioral.org 700 Airport Rd., Lakewood

Stepping Stones at Barnabas Health 800-300-0628
www.nwjbh.org 1691 Rt 9, Toms River

St. Francis Counseling Service 609-494-1554
www.stfranciscenterlbi.org 4700 Long Beach Blvd., Brant Beach

Lakewood Community Services Corp. 732-886-6964
www.lakewoodcs.com Lakewood

Intensive Outpatient Treatment & Support Services

Preferred Behavioral Health Group 732-276-1510
www.preferredbehavioral.org 725 Airport Rd, Ste. 7G, Lakewood

Co-Occurring Services (Mental Illness & Substance Abuse)

Preferred Behavioral Health Group 732-367-4700
www.preferredbehavioral.org 700 Airport Rd., Lakewood

Bright Harbor Healthcare 732-575-1111
www.brightharbor.org 160 Route 9, Bayville 877-621-0445

New Future Dreams, Co-Occurring Partial Care 732-886-7128
127 7th Street, Lakewood

The Center, Co-Occurring Partial Care Program 732-961-9666
501 Prospect St. Bldg. 1A Ste. 8, Lakewood, NJ

Looking for other services? Visit
www.oceandhs.org for this and other
resource guides.

Projects for Assistance in Transition from Homelessness (PATH)

Bright Harbor Healthcare 732-349-1977
Preferred Behavioral Health of NJ 732-367-2665

Self Help Centers & Consumer-Led Programs

Brighter Days Self-Help Center 732-534-9960
268 Bennetts Mills Rd., Jackson

Journey to Wellness Program 732-914-1546
25 South Shore Dr., Toms River

Coalition of Mental Health Consumer Orgs 973-778-8810
COMHCO@aol.com 408 Sussex St., Paterson

New Jersey Self-Help Clearinghouse 800-367-6274
www.njgroups.org

Family Support /Advocacy Groups

National Alliance on Mental Illness (NAMI) 732-244-4401
www.namini.org P.O. Box 1436, Toms River

Ocean Co Family Support Organization (FSO) 732-569-6334
www.oceanfso.org 36 Washington St., Suite 201, Toms River

Advocacy Resources

Community Health Law Project 732-349-6714
Eatontown Office-Intakes 732-380-1012
www.chlp.org 250 Washington St., Suite 5, Toms River

Mental Health Association of NJ 973-571-4100
www.mhanj.org 673 Morris Ave Ste. 100 Springfield, NJ

South Jersey Legal Services (hours: 9am-1pm) 732-608-7794
www.lsnj.org/sjls 215 Main St., Toms River 800-496-4570

Information & Referral Resources

CONTACT of Ocean County 24-Hour Crisis Listening 732-240-6100
www.contactoceanmonmouth.org 609-693-5834

Ocean Resource Net www.oceanresourcenet.org

NJ211.org, or dial 2-1-1 from a landline or mobile phone

NJ Division of Mental Health & Addiction Services 800-382-6717
https://www.state.nj.us/humanservices/dmhas/home/

NJ Self-Help Group Clearinghouse 800-367-6274
www.NJGroups.org